## January

02 Georgia became the $4^{\text {th }}$ State in 1788
03 Alaska became the 49 th State in 1959
04 Utah became the 45 ${ }^{\text {th }}$ State in 1896
04 National Spaghetti Day
04 National Trivia Day
05 National Bird Day
06 New Mexico became the 47 ${ }^{\text {th }}$ State in 1912
07 Millard Fillmore Birthday (US President)
09 Richard Nixon Birthday (US President)
09 Connecticut became the $5^{\text {th }}$ State in 1788
13 National Rubber Ducky Day
13 Friday the $13^{\text {th }}$
15 National Hat Day
15 National Strawberry Ice Cream Day
16 Martin Luther King Jr. Day
18 National Thesaurus Day
19 National Popcorn Day
20 National Cheese Lovers Day
23 National Pie Day
24 National Compliment Day
25 Burns Night (Scotland)
25 Opposite Day
26 Michigan became the $26^{\text {th }}$ State in 1837
26 International Customs Day
26 Activity Professionals Day
26 Australia Day
27 National Fun at Work Day
27 National Chocolate Cake Day
28 National LEGO Day
29 Kansas became the $34^{\text {th }}$ State in 1861
29 National Puzzle Day
29 William McKinley Birthday
29 National Croissant Day
30 Franklin Roosevelt Birthday (US President)
National Eye Care Month
National Oatmeal Month
Be Kind To Food Servers Month

## February

02 Ground Hog Day
02 National Tater Tot Day
03 National Wear RED Day

04 Rosa Parks Day
06 Massachusetts became the $6^{\text {th }}$ State in 1788
06 Ronald Reagan Birthday (US President)
06 St. Brigid's Day (Ireland)
08 National Boy Scout Day
09 William Harrison Birthday (US President)
09 National Pizza Day
12 Super Bowl XLVII (US Football)
12 Abraham Lincoln Birthday (US President)
13 Royal Hobart Regatta (Australia)
14 Valentine's Day
14 Oregon became the $33^{\text {rd }}$ State in 1859
14 Arizona became the $48^{\text {th }}$ State in 1912
15 National Flag Day of Canada
15 Susan B Anthony's Birthday
20 President's Day (US)
21 Mardi Gras
22 National Margarita Day
22 George Washington Birthday (US President)
23 Battle of the Alamo
23 National Chili Day
23 National Banana Bread Day
24 National Peanut Butter Day
25 National Pancake Day
Black History Month
American Heart Month
Library Lovers Month
Senior Independence Month
6th - 10th Pride in Foodservice Week

## March

01 St. David's Day (Wales, Welsh, Canada)
01 Ohio became the $17^{\text {th }}$ State in 1803
01 Nebraska became the 37th State in 1867
02 Read Across America Day
03 Florida became the $27^{\text {th }}$ State in 1845
03 World Hearing Day
03 World Wildlife Day
04 Vermont became the $14^{\text {th }}$ State in 1791
06 National OREO Cookie Day
08 International Women's Day
09 National Popcorn Lover's Day
10 Harriet Tubman Day
12 National Girl Scouts Day

13 Commonwealth Day (UK)
14 National Potato Chips Day
15 Maine became the $23^{\text {rd }}$ State in 1820
15 Andrew Jackson Birthday (US President)
15 James Madison Birthday (US President)
16 National Corn Dog Day
17 St. Patrick's Day
18 Grover Cleveland Birthday (US President)
20 French Language Day
20 March Equinox
21 World Poetry Day
29 John Tyler Birthday (US President)
30 Doctor's Day
Irish American Heritage Month
American Red Cross Month
National Women's History Month
National Social Work Month
National Ethics Awareness Month
National Nutrition Month
13th-17th Long Term Care Administrators Week
19th-25th Health Information Professionals Week

## April

01 April Fool's Day
02 National Peanut Butter \& Jelly Day
07 World Health Day
07 National Beer Day
09 Easter Sunday
12 National Grilled Cheese Day
13 Thomas Jefferson Birthday (US President)
13 National Scrabble Day
14 National Gardening Day
15 World Art Day
20 National Look Alike Day
22 Earth Day
23 National Picnic Day
23 St. George's Day
23 Shakespeare Day
23 National Talk Like Shakespeare Day
23 James Buchanan Birthday (US President)
26 Pretzel Day
26 Administrative Professionals Day
27 Ulysses Grant Birthday (US President)
28 James Monroe Birthday (US President)

28 National Arbor Day
28 Maryland became the $7^{\text {th }}$ State in 1788
30 Louisiana became the $18^{\text {th }}$ State in 1812
30 International Jazz Day
Garden Month
Alcohol Awareness Month
National Parkinson's Awareness Month
Spring Break
Stress Awareness Month
National Occupational Therapy Month
National Humor Month
15th - 21st National Volunteer Week
23rd-29th National Library Week
23rd - 29th Administrative Professionals Week

## May

02 National Teacher Day
04 Star Wars Day
04 International Firefighters Day
05 Cinco De Mayo
06 Kentucky Derby
07 National Lemonade Day
08 Victory Day (France)
08 National Have a Coke Day
08 Harry Truman Birthday (US President)
11 Minnesota became the $32^{\text {nd }}$ State in 1858
13 National Apple Pie Day
14 Mother's Day
14 Jamestown Colony Founded
15 Barbeque Day
20 World Bee Day
21 International Tea Day
23 South Carolina became the $8^{\text {th }}$ State in 1788
23 Victoria Day
24 National Scavenger Hunt Day
25 National Wine Day
26 National Sorry Day (Australia)
29 Memorial Day
29 John Kennedy Birthday (US President)
29 Rhode Island became the $13^{\text {th }}$ State in 1790
29 Wisconsin became the $30^{\text {th }}$ State in 1848
31 National Smile Day
National Cancer Research Month

Mental Health Month
Lou Gehrig Disease Awareness Month
Lupus Awareness Month
National Physical Fitness and Sports Month
Healthy Vision Month
National American Stroke Month
National Osteoporosis Awareness and Prevention Month
National High Blood Pressure Education Month
Older Americans Month
Better Hearing and Speech Month
Global Employee Health \& Fitness Month
1st-5th Teacher Appreciation Week
6th-12th Nurses Week
7th-13th National Hospital Week
7th-13th National Women's Health Week
14th-20th National Skilled Nursing Home Week
14th-20th National Police Week

## June

01 Kentucky became the $15^{\text {th }}$ State in 1792
01 National Pen Pal Day
01 Tennessee became the $16^{\text {th }}$ State in 1796
04 National Cheese Day
05 National Donut Day
10 Queen Elizabeth's Birthday (Different Days in the different Territories)
10 National Iced Tea Day
11 Kamehameha Day
12 George H.W. Bush Birthday (US President)
14 Flag Day
14 Donald Trump Birthday (US President)
15 Arkansas became the $25^{\text {th }}$ State in 1836
18 Father's Day
19 Juneteenth
20 West Virginia became the $35^{\text {th }}$ State in 1863
21 New Hampshire became the $9^{\text {th }}$ State in 1788
21 First Day of Summer
21 International Day of Yoga
25 Virginia became the $10^{\text {th }}$ State in 1788
25 Global Beatles Day
26 Beautician's Day
27 Sunglasses Day
27 National Bingo Day
National Safety Month
National Candy Month

## July

01 Canada Day
01 Battle of Gettysburg
03 Idaho became the $43^{\text {rd }}$ State in 1890
04 Independence Day (US)
04 Calvin Coolidge Birthday (US President)
06 George W. Bush Birthday (US President)
06 National Fried Chicken Day
07 World Chocolate Day
10 Wyoming became the $44^{\text {th }}$ State in 1890
10 Teddy Bear Picnic Day
11 John Q. Adams Birthday (US President)
13 National French Fry Day
14 Bastille Day (France)
14 Gerald Ford Birthday (US President)
16 National Ice Cream Day
17 Tattoo Day
20 Fortune Cookie Day
21 National Junk Food Day
24 Moon Landing
24 Pioneer Day
25 New York became the $11^{\text {th }}$ State in 1788
27 Korean War Veteran Recognition Day
28 National Milk Chocolate Day
29 National Lasagna Day
30 International Day of Friendship
31 National Avocado Day
Wedding Season
Family Reunion Month
UV Safety Month
Picnic Month
National Cell Phone Courtesy Month
National Culinary Arts Month
National Recreation and Parks Month
National Grilling Month
10th - 16th National Therapeutic Recreation Week

## August

01 Colorado became the $38^{\text {th }}$ State in 1876
04 Coast Guard Birthday (US)
04 International Beer Day
04 Barack Obama Birthday (US President)
04 National Chocolate Chip Cookie Day
07 Purple Heart Day
08 International Cat Day
09 Book Lovers Day
10 Herbert Hoover Birthday (US President)
10 Missouri became the $24^{\text {th }}$ State in 1821
15 Relaxation Day
16 Tell a Joke Day
19 William Clinton Birthday (US President)
19 National Aviation Day
20 Benjamin Harrison Birthday (US President)
20 National Navaho Code Talkers Day
21 Hawaii became the $50^{\text {th }}$ State in 1959
21 Senior Citizens Day
24 National Waffle Day
27 Lyndon Johnson Birthday (US President)
National Golf Month
National Picnic Month
National Eye Exam Month
Fishing Month

## September

04 Labor Day
05 National Cheese Pizza Day
09 California became the $31^{\text {st }}$ State in 1850
09 International Sudoku Day
10 National Grandparents Day
11 Patriots Day
15 William Taft Birthday (US President)
16 National Guacamole Day
16 Rosh Hashana
16 International Eat an Apple Day
18 Air Force Birthday (US)
18 National Cheeseburger Day
19 Talk Like a Pirate Day
20 National Queso Day

22 National Elephant Appreciation Day
23 September Equinox
24 National Punctuation Day
25 Yom Kippur
25 National Cooking Day
26 Johnny Appleseed Day
26 HR Professionals Day
29 National Coffee Day
Library Card Sign-up Month
Preparedness Month
Back to School
Friendship Month
Shake Month
10th-16th Healthcare Environmental Services Week
10th-16th International Housekeepers Week
16th - Oct. 3 Oktoberfest

October
01 Jimmy Carter Birthday (US President)
01 International Music Day
04 Rutherford Hayes Birthday (US President)
04 Feast of St. Frances Assisi
04 National Taco Day
04 National Cinnamon Roll Day
05 Chester Arthur Birthday (US President)
06 World Smile Day
09 Native Americans' Day
09 Columbus Day
12 Farmers Day
13 Navy Birthday
14 National Fossil Day
14 Dwight Eisenhower Birthday (US President)
16 Boss's Day
17 National Pasta Day
24 United Nations Day
27 Theodore Roosevelt Birthday (US President)
30 John Adams Birthday (US President)
30 National Candy Corn Day
31 Nevada became the $36^{\text {th }}$ State in 1864
31 Halloween
National Book Month
Homecoming
Mental IIlness Awareness Month

National Book Month
Physical Therapy Month
1st - 7th Mental Illness Awareness Week
1st - 7th Healthcare Food Service Week
6th-12th National Physician Assistant Week (PA Week)

## November

02 North Dakota became the $39^{\text {th }}$ State in 1889
02 South Dakota became the $40^{\text {th }}$ State in 1889
02 James Polk Birthday (US President)
02 Warren Harding Birthday (US President)
03 National Sandwich Day
05 Guy Fawkes Day
06 National Nachos Day
08 National Cappuccino Day
08 Montana became the $41^{\text {st }}$ State in 1889
10 Marine Corps Birthday
11 Washington became the $42^{\text {nd }}$ State in 1889
11 National Sundae Day
11 Veteran's Day (US)- Remembrance Day (AU \& Canada) \& Armistice Day (France)
12 Remembrance Day (UK)
13 World Kindness Day
14 King Charles III was born in 1948
14 National Pickle Day
16 Oklahoma became the 46 ${ }^{\text {th }}$ State in 1907
17 National Homemade Bread Day
19 James Garfield Birthday (US President)
20 Joe Biden Birthday (US President)
21 North Carolina became the $12^{\text {th }}$ State in 1789
23 Thanksgiving (US)
23 Franklin Pierce Birthday (US President)
24 Zachary Taylor Birthday (US President)
26 National Cake Day
30 St. Andrews Day (Scotland and some UK)
Native American Heritage Month
National Family Caregivers Month
American Diabetes Month
Lung Cancer Awareness Month
Movember (Men's Health Awareness)
Epilepsy Awareness Month
National Alzheimer's Disease Month
Home Care, Hospice \& Palliative Care Month

12th - 18th Nurse Practitioner NP Week

## December

03 Illinois became 21 ${ }^{\text {st }}$ State in 1818
05 Martin Van Buren Birthday (US President)
07 Delaware became $1^{\text {st }}$ State in 1787
07 Pearl Harbor Remembrance Day
08 Hanukkah (First Day)
10 Mississippi became 20 ${ }^{\text {th }}$ State in 1817
11 Indiana became $19^{\text {th }}$ State in 1816
12 Pennsylvania became $2^{\text {nd }}$ State in 1787
13 National Guard Birthday
14 Alabama became the $22^{\text {nd }}$ State in 1819
15 National Cupcake Day
15 National Wear Your Pearls Day
17 Wright Brothers Day
18 New Jersey became the $3^{\text {rd }}$ State in 1787
21 National Crossword Puzzle Day
24 Christmas Eve
25 Christmas Day
26 Boxing Day (UK)
26 Kwanzaa (First Day)
26 St. Stephens Day (Ireland)
29 Texas became the $28^{\text {th }}$ State in 1845
28 Woodrow Wilson Birthday (US President)
28 Iowa became the 29th State in 1846
29 Andrew Johnson Birthday (US President)
31 New Year's Eve
Read a New Book Month
Seasonal Depression Awareness Month
$7^{\text {th }}-15^{\text {th }}$ Hanukkah
$26^{\text {th }}-1^{\text {st }}$ Kwanza

